

Lyle Larate Club

Kata Names and Meanings

Kata Name	Pronounced	It's Meaning
Taikyoku Heian Tekki Bassai Kwanku Empi	tie-key-yo-coo he-ann tech-key bas-eye can-coo em-pee	First Cause Peaceful Mind Iron Horse To Storm a Fortress To Watch the Sky Flying Swallow
Jion Gankaku Hangetsu Jitte Mekyo	jee-on gang-kak-you hang-gets-sue jeet-tae meek-e-yo	Love and Goodness Crane on a Rock Half Moon Ten Hands Bright Mirror

Levels of Katas

Shodan Nidan Sandan Yodan Godan	- - - -	First Second Third Fourth Fifth	Dai Sho	- -	Big Small

i.e. Taikyoku Shodan = First level of Taikyoku katas.
 Heian Yodan = Fourth level of Heian katas.
 Bassai Dai = Big version of Bassai Kata.
 Kwanku Sho = Small version of Kwanku kata.

